

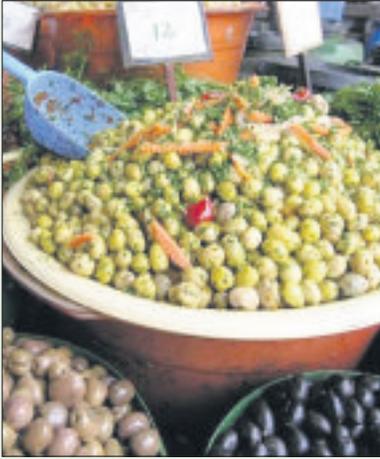
FIVE THINGS to do this week...

1 VISIT the Temple Bar Food Market in Meeting House Square which opens from 10am to 4.30pm every Saturday. Buy farmhouse cheeses, oysters, spicy Mexican food, French bread, crepes, fresh fruit and vegetables, pies, sushi, vegetarian fair and much more.

2 ENJOY the Irish Travelling Community exhibition showing at Castletymon Library for the month of February. For further information on this free event call the library on 4524888.

3 BOOGIE to the sounds of the Bee Gees. The Gibb brothers will be brought to life on the stage of The Civic theatre next Friday, February 10 at 8pm. A must for all Bee Gee fans, and 'You should be dancing' all the way from 'Massachusetts' to 'Immortality'. Call 4627477 to book tickets.

4 Gaeilge a fhoghlaim. Why not treat yourself to some Irish classes and learn a 'cupla focal' in 2012. Áras



Chrónáin on Orchard Road, Clondalkin, offers Irish classes from beginners to advanced and are also holding a two-day intensive Irish course this March. Call 4574847 for details.

5 LISTEN to an album. In these hectic times we live in, listening to an album from start to finish is almost obsolete – as we opt for quick, single fixes from YouTube or iTunes. So, take an hour out, sit back and turn up the volume.

Draíocht shows off its Createability

Draíocht is putting on a very special family day known as CREATEABILITY which invites families with children that have an intellectual disability to come along and have some fun.

All children between the ages of eight and 13 years are welcome to come along and experience a unique family day out.

Createability was first set up in May 2011 by Children and Youth Arts co-ordinator Sarah Beirne who explained that it is a great opportunity for children to have fun, learn new skills and meet other kids.

Sarah said: "This day is for children to have fun but also be aware of other family days that are not just for intellectually disabled kids".

Sarah added that their main aim is that the kids have fun and enjoy the day.

This is a great day out for children and their



families, which will be facilitated by Draíocht artists and they will explore a wide range of arts including visual arts, projectors and lights, themes and materials in a hands-on way and takes place in a fully accessible venue.

There will also be an opportunity for young children to experience 3D designs, arts and

crafts and other projects.

As well as a fun day out for all the family – Betelnut Café at Draíocht is open for breakfast, lunch and snacks from 9am-5pm Monday to Saturday. Betelnut Café stays open until 7.30pm on performance nights for pre-theatre refreshments.

Draíocht has decided to hold the special event – Createability – on Monday February 6 from 4pm to 5pm. Admission is free, no registration is needed and all are welcome.

For more information contact Children and Youth Arts co-ordinator Sarah Beirne on 01 8098029

People in the news

Euro hopes for Donna



SONGSTRESS Donna McCaul was in The Square shopping centre on Friday to promote herself ahead of this year's Eurovision song contest. Donna, who hit headlines when she represented Ireland in Eurovision 2005 with her brother Joe, is one of five acts chosen to go head-to-head on RTE's upcoming national final, Eurosong. After coming 14th in the song contest's semi-final in 2005, Donna is giving Eurovision a second shot and will be looking for the public's vote to send her to Baku, Azerbaijan, this May. Pictured with Donna is fan Joan Carroll.

Photo by Karl Burke

Poet's corner

What a man by Colm Keegan

She'd come back from across the Liffey with her two uprooted sons. A husk of a husband left behind 'cause my 'uncle' was the One.

Streetlight licked the black bags she carted like stars in the sky to my upturned eyes.

The plastic bursting open like my heart with her return and her heart with love for him.

I ran home and told – my uncle just nodded told Pauline (the other woman) he'd be back in a minute put on his slip-ons and walked out the back door to disappear over the wall people's lives around his absence like empty beer cans.

What a man.

Colm Keegan lives in Clondalkin, Dublin. Since 2005 he has four times been shortlisted for the Hennessey new Irish Writing Award, for both poetry and fiction. In 2008 he was short-listed for the International Seán Ó Faoláin Short Story Competition. He won the All Ireland Poetry Slam in 2010. In 2011 he was nominated for the Absolut Fringe's 'Little Gem' Award for the play he co-wrote 'Three Men Talking About Things They Kinda Know About'. He regularly reviews for and contributes material to RTE's radio arts show Arena. His poetry collection 'Don't Go There' will be published by Salmon in May 2012.

